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# 7 Steps To Health And The Big Diabetes Lie



## Synopsis

7 Steps to Health and the Big Diabetes Lie is a general guideline to reducing your diabetes symptoms. The 500+ page eBook contains dozens of different strategies to help you manage your diet, lose weight, and ultimately kick diabetes to the curb. Some of the strategies discussed in the book include: " How to lower your cholesterol 25 to 30% without the use of prescription drugs " How to reduce your food cravings " How the FDA has conspired with diabetes pharmaceutical companies to push natural diabetes cures from the market while promoting their own expensive diabetes medications " Learn why "counting calories is completely unnecessary" • when it comes to losing weight " How to increase your glucose metabolism by 20 times " How to lower your risk of dying from cancer by 67% " How to normalize your blood pressure and blood sugar levels without the use of medication " How to use natural foods to eliminate neuropathy pain using techniques that have worked in "81% of patients" • according to a study at Loma Linda University in California " Learn the 7 easy steps to perfect health, which is the "culmination of all the research, studies, data, and thousands of testimonials" • collected by The International Council for Truth in Medicine If you were looking for one instant "diabetes cure" • in Big Diabetes Lie, then you're not going to find it. If, however, you're willing to read through a collection of tips and begin to implement those tips in your life, then 7 Steps to Health and the Big Diabetes Lie could be exactly what you need.

## Book Information

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